



11 Ways Parents Benefit from Reading to their Little Ones

Parent Handout

Reading books helps you—

1. Relieve stress when you're tired and snuggle
2. Calm your baby when she's fussy
3. Build early vocabulary to know your toddler's needs
4. Develop trust with your child
5. Manage your child better—early words make requests clearer



6. Have fewer discipline problems—character is modeled in stories
7. Receive a much needed break—4 year olds relax on their own with books
8. Help your child learn—every page contains new ideas and concepts

9. Create an eager reader—little ones read to early become lifelong readers later

10. Generate good feelings toward school—teachers love pre-readers who are ready to learn to read

11. Build bonds of communication--that last a lifetime!

